

Plant • Grow • HarvestHome Group Discussion Guide"Sacred Rhythms: Rejoice"March 15,2020Susan Kent

Gather

• This Week the news has been filled with the outbreak of Coronavirus. Fear and panic is a natural response to such uncertainty-except for the Christian. The Lord does not give us a spirit of fear. How have you been managing and relying on your faith during these times?

Plant

- Read **Exodus 17:10-16** Moses was commanded to rejoice. Not as a condition of his circumstances but as an act of obedience. What are the circumstances in your life? Describe your thoughts on rejoice as a command? What did Moses build? Why did he build it? What name did he give God?
- How are you claiming the banner protection of God in your life?

Grow

- Read **Psalm 107:22**
- What sacrifices are you making? How does your life reflect a song of joy?

Harvest

• God gives us his word to hold into our heart. To become the fabric of our life. Now that we are holding church outside of the church walls has his instruction to rejoice changed for you? Are you finding new ways to worship?

Prayers

What prayer concerns are you experiencing? How can we stay connected in prayer with each other during this time of social distancing?